



Franklin-
Southampton
UNITED WAY



2023-24 ANNUAL REVIEW



www.franklinunitedway.org



757-569-8929



PO Box 366, Franklin VA 23851

Serving Our Community At Local Events

Our mission is to make a positive impact and support those in need through various outreach programs and initiatives. By actively participating in local events, we aim to raise awareness about local needs and provide support to individuals and families facing challenges. We welcome community members, especially students, to assist us at these events through our online volunteer portal at www.pointapp.org/orgs/1997.

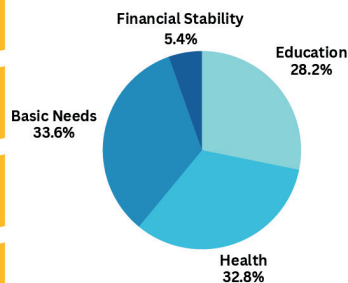
VOLUNTEER!



Supporting Partner Agencies Through Grants

2024 AGENCY GRANTS

\$92,250



2024-2025 PARTNER AGENCIES

Blackwater Regional Library
Boys & Girls Club of SE VA
Camp25 Inc.
The Children's Center
Derrick Thompson Foundation
Edmarc
Foodbank of SE VA
Franklin Charity Fund

Franklin Cooperative Ministry
Genieve Shelter
Girl Scouts of Colonial Coast
James L. Camp, Jr. YMCA
Southampton Charity Fund
Tidewater Youth Services
Virginia Legal Aid Society
Western Tidewater Free Clinic



Empowering the Next Generation to Thrive

The Student Wellness Program aims to support the overall well-being of students by addressing the eight dimensions of wellness. Activities focus on physical, emotional, social, intellectual, occupational, spiritual, environmental, and financial wellness. Students engage in discussions and activities that develop healthy habits, coping mechanisms, and life skills that contribute to their overall wellness and success.



Promoting Wellness Through Nature

"I go to nature to be soothed, healed and have my senses put in order."

~ John Burroughs



This initiative aims to nurture physical and mental well-being by connecting people with nature through creating succulent container gardens. Participants are guided to plant and care for the succulents, fostering a sense of relaxation and mindfulness while also benefiting from the beauty of the plant. This program promotes a healthy lifestyle and a deeper appreciation for nature.



Inaugural Trick or Trot 5K + Pumpkin Dash Event Brings Community Together

The 2023 inaugural Trick or Trot 5K and Pumpkin Dash event was a fun-filled race that combined the excitement of Halloween with the thrill of running. This event was established in collaboration with the City of Franklin to highlight our community and provide a healthy activity for everyone.

Each year, participants are encouraged to dress in costumes, adding to the lively atmosphere of the event. The 5K race offers runners a chance to showcase their speed and endurance, while the Pumpkin Dash provides a shorter distance option for participants of all ages and fitness levels. More information about this annual event can be found at www.franklintrickortrot5k.org.



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